

The Lenair Healing Center

Help for those with addictions

Lyle Hurd, editor

Many of you are probably aware of the new 18-part series on HBO called “Addictions.” If you do watch it, unfortunately you will not see or hear any references to *totalhealth* energy medicine associate editor, Rhonda Lenair or information about The Lenair Healing Center, as the series seems to be focused on programs associated with 12-step, cognitive therapy, psychotherapy and meetings, meetings, meetings.

This ambitious series strives to be helpful by educating and encourage those suffering with addictions to seek the help they need. However, so many people suffering from these conditions will never have the opportunity to become aware of The Lenair Program.

One of the key experts contributing to the series, Dr. A. Thomas McLellan, wrote an article that appears on the HBO Web site entitled, “What is Addiction Treatment?” In the article he states, “No available therapy, program, medication or surgical procedure can remove recurrent desire or craving for alcohol and/or other drugs.”

Some 30,000 individuals who have had the opportunity to be transformed by Rhonda Lenair’s important work, particularly for alcohol-related issues, know otherwise. For those with addictions who are not familiar with Rhonda’s work, they should be made aware of the one program that can remove the recurrent cravings for alcohol—Rhonda Lenair’s.

The following are two excerpts from letters received by the Lenair Healing Center which were written to the producers of the HBO series.

First letter: “I cannot believe you would run a series of programs dealing with addictions and not include one of the most effective and truly amazing solutions for this worldwide problem. I myself have battled an alcohol addiction for almost 30 of my 50 years on this planet. I have tried diets, AA meetings, private therapy, etc. all of which were exercised by choice and then when the DWIs started, mandated by law. None of the above had worked for me and as a matter of fact, they seemed to have accelerated my consumption.

“I was very skeptical about Rhonda Lenair and her technique. I searched every available avenue of information to see if I could find any fraudulent writings on her. As my addiction did not want to let go of me, this was an endless quest for my addiction and me to stay as it were. Even up to the day before my visit with Rhonda Lenair, I was looking for an excuse to not end my habit. Even my friends tried to dissuade me from pursuing this treatment.

“All I can tell you is what I tell others. After the first short session, I did not even realize I had been affected by her treatment. All I knew when it was over was that I wanted to

get something to eat. I did not experience the shakes or the withdrawal I would normally have when approaching a 24-hour alcohol free period. I did not even realize that I hadn’t had a drink that first day, probably the first time in 20 years. It was as if everything was normal.

“Rhonda Lenair has an incredible gift. If people shy away because of the inherent nature of fearing what one does not understand, then they are doing themselves a grave injustice. Rhonda is here for a reason. This skeptic (me) came to be cured and has survived the test. I encourage your producers to do a complete investigation on addiction therapies and include the one that works, Rhonda Lenair.”

Second letter: “In my journey through alcohol abuse/addiction I have realized there are ‘many roads to Rome.’ One way is not better than another it is just different. We, as a species, are all so uniquely different that it only makes sense to investigate the plethora of options that are available to us. While the 12-step program, cognitive therapy and/or psychotherapy (with the ongoing meetings) work well for many, it still can elude a large majority of those who suffer.

“Personally, I have tried all of the above without success until my psychotherapist informed me about a “different” type of treatment at the Lenair Healing Center in Benson, Vermont. I was quite skeptical after my previously failed experiences. Nevertheless, I made the journey and found “A Cure” for the incurable cravings and/or desire of alcohol. Rhonda Lenair has an amazing gift of eradicating addiction through an effortless/painless three-day visit that lasts approximately 90 minutes the first visit and 30 minutes each remaining day.

“I have been sober for 18 months and have not had one desirous thought or have wasted any “brain energy” on even thinking about alcohol. It is completely gone from my mind without a trace. I actually had to stop and count how long it’s been since I have been sober. Regardless, it is available and it works. Rhonda Lenair has been treating addicts over the past 20 years with huge success.” ■

In closing, some things that we can’t explain need no explanations—they just need our attention. Perhaps you would take a moment to research “a different road to Rome” by visiting www.lenair.com where you can read testimonials (written and/or auditory) by numerous individuals who have found “A Cure.” In addition, I’d like to add that both *totalhealth* editor Hyla Cass, M.D. and myself are personally aware of the life changing experience achieved by individuals who have been treated at the Lenair Healing Center. We encourage those with addictions and family or friends afflicted by these conditions to visit www.lenair.com/meet.shtml. Or call 888.412.8392.