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The Body: Transcending Addiction

by R. Barry Chalfin

Addiction affects all of us in some way. If it's not us personally, it's a family member, or a friend or a co-worker. For those addicted, even the thought of living without their friend and foe provokes feelings of being alone, vulnerable and empty; the hollow void that their problem can never fill, but they try to fill falsely, is killing their quality of life and sometimes them in the process. As time marches on, they become devoid and numb to the happiness, self-respect, and peace that is bypassed.

Many addicted people delude themselves and rationalize that their problem shields them from life's harshness, sorrow, problems, and stress; these false belief patterns only fuel their habit's continuum, perpetuating a vicious cycle that becomes a *negative* labyrinth of self-destruction. Of course, an addiction does not make one less accountable or susceptible or protect them in any way, but many try to convince themselves otherwise and live in a state of self-denial and delusion.

The fear of failing, pain and withdrawal, being hospitalized or in a facility, or attending a lifetime of meetings, can fuel overwhelming feelings and produce enough anxiety that one decides not to try to commit to any of the known options. Thus, taking any action becomes a decision for tomorrow and not today, or tomorrow's promise.

Whatever the reason, people need to understand that there is a complete and effective solution that removes all the fears and uncertainty of an addiction-free life. The process removes the problem from its root system, thus all its contributors with virtually no pain or withdrawals, nor any meetings, hospitalization, drugs or downtime. This groundbreaking process was developed by one of the world's foremost healers of addictions, Rhonda Lenair; her work yields unprecedented results while replacing and antiquating other known therapies.

Rhonda Lenair is a pioneer in the field of energy medicine and a gifted 'healer of addictions'. She has developed a new paradigm that quickly and efficiently resolves addictions and related issues, seemingly effortlessly. In 1987 she established The Lenair Healing Center and since then has seen well over 30,000 clients for a wide array of problems, both addictive and non addictive. Also recognized as a highly skilled medical intuitive, Lenair has been compared to the great 'Sleeping Prophet' Edgar Cayce. People from around the world seek her assistance for either in-office or telephone consultation work.

Her method in eliminating addictions, particularly alcoholism, yields impressive results; her clients report their outcomes as being miraculous. They lose all physical, psychological, and all other cravings, desires and contributors that caused them to

engage in their addictive behavior. They re-enter their new life free of addictive encumbrances, labels, stigmas, and disease-oriented associations.

As an example, Kathy Gramsky, a nurse from Newark, Delaware, states, "I had been fighting alcoholism and its destructive impact on my life for over 21 years. I had tried AA, rehab and various other forms of treatment with no success. After the first treatment with Rhonda my craving for alcohol disappeared completely. I haven't had, nor wanted to have, a drink since. I am in control of my life again. I don't know how she does it but the effect was immediate and I expect permanent. Rhonda is a gifted healer and I am thankful that she has shared her gift with me." Another client said of this process, "Your treatment was the beginning of what continues to be profound changes in my life. The effect of your therapy was instantaneous and absolute. This reality is a continuing source of wonder to me, and this amazing result has solidified my hard-to-come-by faith in forces we cannot see, and perhaps never will be able to quantify."

The Healing of Self

Lenair's work differs significantly from any traditional or even alternative healing methods. She states that she is working with her clients at an energetic level that results in a complete systemic shift and energetic readjustment and recalibration. According to Lenair, "Energetically, all time happens simultaneously," thus there is un-timed eloquence and inner articulation (from her client) that she reiterates back to them. They rehearse themselves through Rhonda's echo of their inner *knowing*, not *thinking* self. Her work eases clients into their perfect metamorphosed state _ not a trance, hypnosis, beta field or biofeedback state _ but to a state where their higher, expansive consciousness flows, presides, and reunites with their greatest self _ their unnamed, unframed (by body) being.

Lenair explains that, in the simplest of terms, what she accomplishes for her client is complete problem resolution by detecting and correcting frequencies. The 'medical intuitive' is the detection part of the work - a mass identification analysis that bioelectrically tracks what lights up on their 'systemic screen' and is ripe for them to hear - their inner voice through Lenair's voice. Her hands-on work both detects and corrects frequencies. This aspect of the work frees a person to transcend their physical being and return when the process is over, healed of their problem.

What Lenair is subject to when working with a client are multi-dimensional episodes that relate to and/or depict causes and solutions to health and other related issues. The telepathic view and deep comprehension of all a client's triggers and their origins are depicted and elucidated. Lenair need not probe nor interpret their information; hers is a non-intrusive process of wonderment and offers deep self-connection. She extends far beyond a client's physical limits that achieve truly miraculous outcomes.

Through this process there is a self-initiated reprogramming and reconfiguring of self; it is achieved through a cycle of re-synthesis and reformulation. Lenair states, "Streamline velocity of self is a pure truth, self-regulatory process that moves someone through their problem and known existence encompassing birth, sometimes prior to it, and through their entire life until demise."

Lenair's work is dogma-free. She permeates flesh (i.e. the physical boundaries as we know them) thus is not weighed down and can travel to see the totality of what's being viewed and needing inner correction through detection.

Non-Psychotherapy Approach

Many people will attempt a 12-step program to address their addictive problems and many others will go through some form of psychotherapy. Unlike in psychotherapy, the information source is not the client's written or spoken word but their non verbal, non physical expressions. Lenair does not need or want to know any history or background about the client prior to interfacing with them; she wants to enter their pure truth, not their written, stated, or explained truth, as this can obscure or color the *knowing* information from their own internal source or self ... where all knowledge exists and problems and solutions co-exist.

Through this modality, the client does not 'work out' their problem through talk therapy; it is 'worked out' for them by their consciousness' re-heard truth and the voice of all consciousness through the verbal sound of Lenair. Lenair's spoken voice is a reiteration of self(s); a validation of the 'knowing' self, not the thinking self (mind). This is the essence of Lenair's healing. By hearing these truths and moving through their truth, the problem is obliterated.

According to another client, Norm McIver of Belmont, Massachusetts, "I sought out Rhonda Lenair a few years ago to treat my alcoholism and my visits with her have had a profound influence on my life. As of this day, April 11, 2000, I have not had a drink or a craving for one, for 8 years. I drank hard for 15 years and had ferocious, incessant cravings for alcohol. Rhonda lifted this terrible burden and I am now free of this ruinous addiction. Since seeing Rhonda, I am a transformed man."

Some Professional Views

Dr. Hyla Cass is one of the country's foremost authorities on the subject of integrative medicine, and author of several books in the field including "Natural Highs" and "8 Weeks to Vibrant Health." An Assistant Clinical Professor of Psychiatry at UCLA School of Medicine, she has incorporated nutrition and natural health techniques into her clinical practice for more than 20 years.

She agrees that Rhonda's hands-on healing work is remarkable in its ability to eliminate alcoholism. "Rhonda is a "doctor of energy medicine," encompassing all areas/branches of medicine. Energetically able to detect problems on all levels, she acts as the human equivalent of an MRI, CAT scan or diagnostic lab. Moreover, she becomes the client's voice, beyond the usual constrictions of time and space. She knows deeply and expresses accurately what has happened, is happening, and what is pending within a person systemically and beyond physical boundaries. Despite the depth and fullness of her reading, she ensures that the individual hears what they need to without feeling intruded upon or threatened."

According to a Cape Cod therapist, Tree Borden, LISCW, who works with abuse & trauma and addictions, and who had experienced Lenair's work over the phone, "Rhonda Lenair is more than a pioneer in the field of energy healing and addictions; she is a conduit to purity of the ethereal world, a place where only clarity and goodness exist." She adds, "Rhonda has worked with several of my clients on addiction and trauma issues, eradicating them and leaving an open space for love of themselves. I have seen those who have struggled for years with alcohol and food issues leave them behind."

Borden continues, "People who have been traumatized and abused are known to suffer for years with negative patterned thinking and self-destructive behavior, much of which includes alcoholism, food addictions, and sexual addiction; many use these behaviors as a way to numb their pain. Rhonda not only clears the addictive behaviors but dovetails that with healing the original trauma (pain)." She adds, "For those seriously considering `giving up' their addiction, there is no easier and direct way than through Rhonda Lenair."

[To Learn More](#)

Lenair opened the doors to her practice in Massachusetts in 1987 and now sees clients from around the world in rural Vermont. She has been writing about her work and the sacred information that flows through her; she is pursuing writing to enlighten, teach, and assist through this work. Her writing will not only reflect the philosophy of the work, but of all existence, as she is privileged to be subject to the wisdom of collective universal consciousness. >

Since 1993, R. Barry Chalfin has been Director of Programs at The Lenair Healing Center. He has witnessed the total transformation of thousands of clients who have come to the Center from around the world to be healed. For further information, contact the Center at 888-412-8392 or visit www.lenair.com. A free comprehensive 48-page brochure is available, as well as access to free Telegatherings.
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