

The Medical Journalist Report of Innovative Biologics

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A Personal Profile:

Addiction Treatment Specialist & Medical Intuitive,

Rhonda Lenair,

Eliminates Alcoholism, other Addictions, and Related Problems

by

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A sports news writer who specializes in horseracing, 42-year old Gregory Rose of Boston, Massachusetts, acknowledges that he was a practicing alcoholic but now it's not his situation anymore. Six years ago, Mr. Rose completely discontinued any dependency on alcohol after consulting the addiction treatment specialist and medical intuitive, Rhonda Lenair of Newbury, Massachusetts. After his 20-minute treatment with Ms. Lenair and two follow-up reinforcement visits, the writer states on the record: "I can't explain it, but the desire to drink is just gone. After 10 years of drinking, I haven't had a drink since [the Lenair treatment], and today I have no desire whatsoever.

"I had been a pretty heavy drinker," Mr. Rose affirms. "I was drinking a six-pack a night plus rum and scotch. I was waking up with a hangover. Sometimes I needed a beer to get going in the morning." But by application of Rhonda Lenair's treatment technique, he adds, "It was just like turning off a light. It's completely painless - hard to describe. All I know is that her treatment works."

This revelation by Gregory Rose, published last year in the Boston Sunday Herald, is one of the items that attracted me to profile Rhonda Lenair and her powerful technique for conquering alcoholism, other addictions, and related problems.

The Rhonda Lenair Treatment Technique

My understanding of Ms. Lenair's work is that in administering her Lenair Technique, every element that the system of a human being possesses is written into its energetic infrastructure. All the causes of systemic problems and solutions to them become apparent to Rhonda. They are verbalized (and subsequently documented) as her treatment begins. In the same way it occurred for Gregory Rose, addiction abatement happens very quickly. Often all that's required is a single twenty-minute treatment with two more visits proposed for reinforcement or to address other aspects of the problem.

Whenever some difficulty is presented, it can be treated successfully by application of the Lenair Technique. Since 1985, over 25,000 clients have received help from Rhonda Lenair. These people are recorded as having been released of various personal troubles, such as abuse and trauma; alcoholism; bulimia; compulsive eating; obesity and other eating disorders; fears; illicit or prescribed drug use; gambling; obsessive/compulsive disorder; self-mutilation; food issues; marijuana addiction; sexual dysfunction; sleep difficulties; relationship issues; stress-related disorders; and numerous other out-of-control behaviors.

What Ms. Lenair does may be compared to an electroencephalograph readout with brainwave treatment added. The treatment involves her becoming a kind of dialysis machine that cleans off the addictive garbage. But the involved science is not fully known. By application of her own energy, correction is believed to be occurring through Rhonda's alteration of a client's bioelectrical system. She makes the change for bringing a person's physical, mental, and emotional self back to that normalized state where it had been prior to the problem taking hold.

"The best way I can explain the process," states Rhonda Lenair, "is that the treatment is psycho-physiologically-based. It beneficially affects my client's systemic dynamics. The treatment changes the person's bodily system to produce a causal effect within the whole being. There are no distinctions between physical,

psychological or emotional aspects. Every entity within a person's energetic profile is derived from all elements. Through 'the work' [her delicate touching of a client's forehead in order to connect - somewhat like automobile jumper cables], I absorb and become aware of his or her every salient characteristic."

Ms. Lenair adds, "I am fluent in frequencies - a language in and of itself. Everything is already written into a person's energetic structure that correlates with one's health and entire being, including their place in this world. The energetic understanding of what constitutes a problem and how to resolve it is disclosed through that individual's system to me. A person's system, not my expertise, orchestrates the findings and composition of the work. The network of frequencies runs long and far and I don't need a physical representation to decipher these energetic codes."

Whatever the client's system discloses is verbalized by Ms. Lenair during the treatment. Such verbalization returns a client to that certain time or incident in the past that contributed to the problem. She can also move forward in time if the client's system beckons her to do so.

A person's system is already aware of the elements needed to correct imbalances even though that client has not been mindfully cognizant of it. Addiction elimination comes from within each person. The best protocol to follow merely makes itself known to Ms. Lenair. She verbalizes and then documents the recommendations which may include herbs, supplements, diet, exercise, and lifestyle changes. All of these recommendations are unique to the client.

Rhonda's medical intuitiveness, therefore, is an integral part of the treatment. This is the means by which she navigates through a person's system. Electromagnetic frequencies within her own system allow her to recalibrate an individual's being to eliminate the problem.

Who Is Rhonda Lenair?

My reportorial observation is that Rhonda Lenair conducts herself as a gentle, honest, loving, soft-spoken, humble, and giving person who denies her extraordinary talent. When asked about herself, she states with conviction, "I strive to become nothing and thus am able to absorb everyone and everything." But to those multi -thousands of former addicts who love the woman and hold her in respect as a healer, she is the key player in a life-changing experience for each of them.

Quite simply, Rhonda Lenair devotes herself to bringing comfort to afflicted people in our problematic society. By eliminating alcoholism and addictions in general along with related dependencies, she is saving the lives of countless persons who might otherwise be lost to the irresponsible actions of drunken drivers, pedophiles, other sexual abusers, professional card sharks, and additional destroyers of humanity.

Now 46 years old, Rhonda Lenair (see Photograph 1) during childhood was a member of the Boston Ballet and received a scholarship to the Julliard New York City Ballet. Her ability to discern and work with subtle energies was discovered at age 16. At the time of this revelation she was in London auditioning for a London Ballet company. While there she became hospitalized for the diagnosis and treatment of an abdominal mass. Surgical excision was recommended but she declined; the mass subsequently disappeared. By chance, as she was being discharged from the hospital, Rhonda met a physician who had investigated subtle energies. He immediately recognized that Rhonda possessed an immensely strong and transmutable electromagnetic field. Today, using that same energy and employing principles of the "Law of Parity", frequencies of her electromagnetic field are this medical intuitive's tools for reversing the prevailing addiction - producing frequencies in a client.

"The Law of Parity"

While it's true that her work is esoteric, the treatment Rhonda administers is not any

psychic experience as occurs with psychic healers nor is it a "hands-on" healing as happens with psychic surgeons. Instead, it is a process of transference and repair of electrical frequencies. As soon as initial contact with the client takes place, the Lenair Technique begins. Ms. Lenair's subconscious absorbs information about her client immediately while she is providing an overview about the treatment process. Her technique cannot begin working, however, until there exists total parity (known in physics as "the Law of Parity") with the person's energetic frequencies. By adjusting her own frequencies to perfectly match those of the client (the core technique of her treatment), Ms. Lenair is able to fully understand and experience all that is happening, has happened, and may happen with an individual's system, personally and directly. She permeates that person's field.

Content of "the Law of Parity" may best be explained by visualizing that what is produced out of the exchange of energetic flow is as fully physical as its original source. The affinity between Rhonda Lenair and her client is synchronous, simultaneous, vibrational, and identical in stability and function but diametrically opposite. That is, she feels what the client feels but as an energetic mirror image. Ms. Lenair experiences a personal physical replication of the client with all vital signs coinciding totally. The person in treatment becomes energetically suspended and while in such a state Rhonda, using her own energy system, corrects that individual's energetic infrastructure and allows it to reconnect to all of the person's other body and mind systems. Reconnection occurs to that which had been disconnected by the previous addiction. For some minutes during the treatment session, she becomes the translator of all levels of consciousness.

As a medical journalist, I did witness Ms. Lenair's diagnostic sessions and treatment administrations. During the treatment she provides the client with detailed feedback about past, present, and future conditions and the health situation being experienced. Ms. Lenair not only experiences the client's physical, emotional, or mental situation energetically but also reports on it. She becomes, in essence, the very client who is lying or sitting right there before her. As the mirror image of this client, a pain in that person's left knee is felt in Ms. Lenair's right knee. To the client's amazement, although having never mentioned such a pain, Rhonda speaks about the pain's presence. I observed this happening and was amazed as well.

In my three-and-half decades of interviewing clients and patients about products or services, it is the first time that I've encountered an audience who felt so much love, wonder, appreciation, and enthusiasm for a dispenser of healing care. If medical consumers are to be believed, these are first person assurances that amount to "anecdotal documentations."

In a particular situation of diagnosis, I was allowed to witness the consultation of a middle-aged, female psychologist, Stephanie Glenner, Ph.D., of Binghamton, New York. Dr. Glenner visited with Rhonda for overcoming food-related addictive behaviors. Their exchange of electromagnetic frequencies was able to trace the psychologist's personally hurtful actions back to guilt related to her having undergone three abortions a dozen years before. This client left the treatment couch knowing that she was now discontinuing the harm she had been doing to herself forevermore by abusing food. (Note: Because of the sensitive and intimate information revealed, clients reporting experiences with the Lenair Technique are identified by pseudonymous names and places of residence. But details about their occupations, addictions, and recoveries are true. I did record interviews with ten previously cured clients and witnesses three sessions of newly occurring healings.)

"One Session with Rhonda Removed My Desire for Alcohol"

"For the past four years I've realized that I used alcohol to anesthetize myself in order not to deal with lots of life's issues. I'm an architect, age 52, married to a man who drinks and smokes voluminously. There were a few difficult domestic problems between us. My 28-year-old daughter, for instance, stays high on methamphetamines, and often her behavior is disgraceful. Drinking was a way to block out my psychological difficulties, but one year ago I decided to confront my alcohol addiction," says Katherine Foster of Portland, Maine. An article I read about Rhonda Lenair's ability to cure alcoholism in the October 2001 issue of Elle magazine stimulated my phone call to Barry Chalfin, The Lenair Technique, Inc, administrator.³

"My exposure to The Lenair Technique may be summarized with these few words: One session with Rhonda permanently removed my desire for alcohol. Directly following that single first session I went for dinner in a very popular Newburyport, Massachusetts tavern. The only chair offered had me sitting elbow to elbow at the bar. Even with being a drinker of wine, whiskey, beer, and anything else alcoholic, I felt absolutely no need to imbibe. I ate my dinner and drank herbal tea plus water," assures Katherine Foster. "That first meal after my anti-addiction session was a good self-test that I passed. And I've not had any craving to drink alcoholic beverages of any kind for more than a year now. I just don't feel like drinking anymore.

"The experience has been exceedingly successful for me - so much so that I flew my difficult daughter in from the West Coast and took her for treatment by Rhonda to overcome methamphetamine drug addiction," says Mrs. Foster. "No amount of help or money seemed to improve her behavior or what she chose to do to herself. This was my last ditch effort to aid her. After one treatment by Rhonda, I saw exactly the same reaction that happened to me.

On the drive to Newbury from the Boston Airport, I was ready to strangle my daughter for being such a lunatic - off the wall and strung out. But she received treatment, took a nap, and upon her awakening I recognized that she had changed dramatically for the better. My daughter's eyes were big and bright and clear: skin was glowing and had texture; and she spoke in positive phrases which I had not heard from her in years," states Mrs. Foster.

"I also sent another female friend who had an alcohol problem, and she feels the same way as do I. She is cured of her addiction! Rhonda is marvelous - so helpful and effective - I cannot praise her enough for the way she eradicates addictions of all types," confirms Katherine Foster.

More Alcoholism Abatement Inspired by Rhonda Lenair

"Four years ago a buddy of mine whom I've known since childhood spoke to me about eliminating my compulsion to drink alcoholic beverages," says 46-year-old David McCarthy of Hallandale, Florida. Mr. McCarthy works as a construction worker who had been imbibing large quantities of beer since the age of 15.

"My friend described positive results achieved for alcoholics by Rhonda Lenair," continues David McCarthy. "If the truth be known, alcoholism was an accurate diagnosis for my physical condition at the time. I was having awful trouble with avoiding taverns and liquor stores. I drank rum cocktails, wine, and at least a dozen beers a day, all of which left me with double vision, memory lapses, and hangovers. I had tried but failed in the use of various methods for quitting habitual drinking but without success. I surely knew that alcoholism would likely be the cause of my death, but the compulsion to drink was overwhelming.

"My situation got so bad that a little over two-and-half years ago, following a car crash resulting from my being drunk, I finally made a telephone appointment with Mr. Barry Chalfin, Administrator of The Lenair Technique. All I knew then regarding the treatment is that a kind of energy work is involved. In fact, that's all I continue to know about what Rhonda does. But I see that my money was well spent on her treatment because I lost all urgency to drink within the first 20 minutes of my first visit with her. The treatment offers three consultations and I did go for two more visits, but I didn't need them. I've had no craving for any kind of alcoholic beverage since that beginning visit to Newbury, Massachusetts in March 2000," states David McCarthy. "Thank God and Rhonda Lenair that I'm no longer affected by an alcohol dependency."

Alcohol Dependency and Other Addictions

Addiction refers to a style of living characterized by overwhelming involvement and compulsive behavior with chemical substances, food, sex, gambling, internet, and much more. It may occur in the absence of physical dependence. Addiction also implies the risk of harm and the need to stop the use of such an addicting substance or practice, whether the addict understands and agrees or not.³

Alcohol dependence - ALCOHOLISM - is the development of characteristic deviant behaviors associated with prolonged consumption of excessive amounts of alcoholic beverages. It is considered a chronic illness of undetermined cause with an insidious onset, showing recognizable symptoms and signs proportionate to its severity. The source of alcoholism and other chemical addictions remains undetermined. Such nondetermination occurs because science is overly tardy in concluding that the mind is a subtle energy field which, similar to the flight recorder ("black-box") in an airliner, makes a record of everything that happens. But unlike the black box, one's mind also originates every experience in time and space of this physical world.

Defined at the most basic level, alcoholism is characterized by repeated alcohol drinking to an extent that exceeds customary dietary use or compliance with the social customs of the community. In all ways it interferes with the drinker's health and his social or economic functioning.

"Rhonda Is Responsible for Removing My Cravings for Alcohol"

"I had been an alcoholic bar maid who no longer drinks, and I praise God for having brought me in touch with Rhonda. She is responsible for removing my cravings for alcohol," says Alyson Crawford of Hartford, Connecticut. "For over ten years I have been in the high-end restaurant business which demands that I taste wines as a usual daily practice. Such wine tasting had been only a partial source of my addiction. Now I'm 44 years old, but I had my first taste of alcohol in the form of beer when I was 14, and my desire for its effects began back then.

"I've sensed that I should be careful with alcohol usage, and at age 37 something in my metabolism shifted so that I definitely became addicted to it. My realization hit when I found myself putting out an extraordinary amount of energy attempting to manage the addiction," Mrs. Crawford confirms. "I wasn't a drunk who consumed a bottle per day but frequently I fell into depression and felt total despair when I failed to fulfill my cravings. I was forced to drink to lift myself out of despair.

"The depression worsened until I consulted Rhonda for the first time in late February 2002, and I have been free of alcohol cravings since. Her placing fingers on my forehead ever so gently and later speaking with me one-on-one is all that was required for the cure. Today, I have someone else - possibly a person more expert than me - taste the wines sold in my restaurant. Also, I have stopped work as a barmaid even if more helpers are needed at the bar on Friday and Saturday nights. I have no residual side effects from undergoing Rhonda's treatment," declares Alyson Crawford. "The inner negotiator which used to talk to me has disappeared. This negotiator is the voice of temptation that says, 'Go ahead, you can taste some wine; it will help your business to know the wine's quality, and you've licked the habit,' but that voice doesn't talk to me anymore. The negotiator might return if a craving was present, but I have no such craving so that the negotiator stays away," Mrs. Crawford says.

The Lenair Technique for Counteraddiction to Food

Prior to formulating The Lenair Technique, over ten years of independent study, research, and experimentation were invested by Rhonda Lenair into educating herself about bioelectromagnetic concepts, applications, and diagnosis applicable to the problems being experienced by people from all aspects of life. As discussed, formulating and integrating the various constituents of her treatment is her forte. Those constituents include the vital forces of electricity and magnetism involving body frequencies, human vibrations, and person-to-person attraction.

The Lenair Technique is a progressive and effective counteraddiction treatment for any problem that becomes out of control and is reducing the quality of daily living. It abates or eliminates dysfunctional behavior or thought especially related to alcoholism, but it works as well to overcome almost any other behavioral or emotional difficulty, including compulsive eating which may result in bulimia or obesity.

"I went to Rhonda because of bulimia [the binge-purge syndrome] affecting me for

the prior 14 years," states 33-year-old Ms. Sally Caldwell of Pittsburgh, Pennsylvania. Ms. Caldwell is a high-technology consultant in the computer field. "The longest period on my own for which I was able to stop excessive eating was three months; my success with any kind of diet maintenance never was any good. Because of wrong eating practices, weight maintenance for me always remained poor. But my repeated patterns of overeating left me permanently in April 2002, immediately upon my consultation with Rhonda.

"During that first treatment, she joined her electromagnetic frequencies with mine, did a little bit of hands-on work with me, and had me do some visualizations. She suggested beneficial foods to eat and other foods to avoid. From then on I stopped overeating and later forcing myself to vomit," Ms. Caldwell says. "I experienced no food withdrawal symptoms except that my digestion improved; I feel better now after I eat than before when I had never done well following a meal.

"Since consulting Rhonda, I've had absolutely no issues with food starting with the first day after our meeting. My weight range has remained constant so that to this point [September 22, 2002], I have returned to and hold onto the more ideal weight of 108 pounds from a low of 102 pounds," says Sally Caldwell. "Now I feel wonderful."

In Burlington; Vermont I spoke with Adelaide Davidoff, age 46, who effortlessly lost 155.3 pounds in 16 months. The Lenair Technique assisted Mrs. Davidoff to reduce from 278 pounds to 122.7 pounds.

"I was pretty much desperate when I went to Rhonda seeking help, because I was beginning to feel the ill effects of carrying so much weight. A newspaper article published in the Boston Sunday Herald brought me to her, and the three month wait for me to be fitted into Rhonda's schedule was worth it. Her treatment was hands-on, very relaxing, peaceful, and so convincing that I began following her recommendations at once," confirms Mrs. Davidoff. "In my first full month I lost 23½ pounds. I feel just terrific and my husband assures me that I am beautiful.

"Whatever Rhonda does to achieve weight loss, her technique takes away food cravings, edginess, and any quandary about what I am going to eat at the next meal. Thinking about food doesn't happen for me anymore. Even with my traveling on a cruise last fall, rather than putting on weight, I lost six pounds. Food is no longer an issue for me," says Adelaide Davidoff. "Rhonda has helped me to live life to the fullest and stop worrying about my particular addiction."

The Clients Who Use Medical Intuitive Services

As a result of being featured in magazines such as Good Housekeeping and Elle, and on the Discovery Network's Learning Channel, Rhonda Lenair has gained not only a national but also an international reputation. Clients arrive for treatment from countries around the world including Australia, England, India, Canada, Japan, and South Africa. Sometime ago she was flown to Jordan to treat King Hussein and members of the Royal Family. She was a guest of Norman Lear and his wife in Hollywood, California and treated a number of film industry celebrities there. She has also assisted rock stars and other notables.

The largest demographic group that her practice has attracted over the years is from the health care community. Nurses, psychotherapists, psychologists, and the patients they refer comprise a large constituency. A greater number come from the ranks of alternative treatment practitioners.

The Lenair Healing Foundation is a 501-C3 corporation created to assist those who, because they are debilitated by their addiction to alcohol, are unable to serve their roles in assisting or performing for others. The Foundation looks to help those potential candidates in a position of leadership, healers of all types, and those who might make the world a more beautiful place such as artists, musicians, and sculptors. Sometimes such creative people require assistance, too, and they are unable to help themselves. The Lenair Healing Foundation makes it happen.

Resource

To learn additional details about the abatement of addictions accomplished by addiction treatment specialist and medical intuitive Rhonda Lenair, contact The Lenair Technique. Inc., R. Barry Chalfin, Administrator, 75 Scotland Road, Newbury, Massachusetts 01951; Tel. (978) 465-7711; Fax (978) 463-6663; Email: barry@lenair.com. See 3 websites: www.lenair.com or www.lenair-alcohol.com or www.lenairhealingfoundation.org.

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